

## **Western Idaho Conference Middle School Boys & Girls Basketball Rules**

- 1.) Any School having 12 or more players must have both an A and B team.
- 2.) The order of games will go as followed: C game (if applicable), B game, A game. Each game will be allowed a 10 minute warm-up time prior to tip off.
- 3.) A and B games will consist of 7 minute quarters and a 7 minute half time, while C games will be one session of 10 minute continuous clock.
- 4.) Each team has two 30 second timeouts and three full time outs per game.
- 5.) Zone defense and trapping is allowed in both the A, B, and C games.
- 6.) Full court press is allowed at all times during A games. Full court press is not allowed during B and C games until the last 2 minutes of the game and overtime.
- 7.) If a team is up by 30 points in the fourth quarter, the clock shall run continuously during dead balls.
- 8.) Three pointers are allowed and counted.
- 9.) 7 team fouls will constitute a one-and-one bonus situation, 10 team fouls will constitute a double bonus situation.
- 10.) Overtime will be 3 minutes long and will start with a jump ball.
- 11.) A player may play 5 quarters per day (excluding overtimes) *This rule can be flexible if a school has low participation numbers in order to accommodate an opponent's need for court time.*
- 12.) All teams are limited to eligible 6th, 7th, and 8th grade students
- 13.) A student becomes ineligible to participate in middle school athletics when they turn 16.
- 14.) The girls will play with a women's size ball and the boys will play with a men's size ball.
- 15.) Two officials must be used for all basketball games. It is recommended to have certified officials, but if not possible, officials must be college age or older, no high school students. Any variation from this must have the unanimous approval of all schools involved.
- 16.) Each individual school is directly responsible for the actions of their team and the student pep club at all games participated in.
- 17.) Teams must provide locker room supervision for their own teams.
- 18.) The Conference Tournament will be a single elimination tournament and consist of the top four teams from each division. The first round of the tournament will be hosted by the two highest seeded teams from each each division. Hosting of the Conference Tournament semifinals and Championship rounds will alternate each year between the highest ranked Eastern Division school and Western Division school. The Western Division will host on odd numbered years and the Eastern Division will host on even numbered years.



